

Get A Dating-App Match Without Giving Up Privacy — Checklist

Reverse image search, video verification, and layered disclosure. Real phone, last name, address come later — if at all. Safe

Date completed: _____

Re-run this quarterly. Each pass takes about 12 minutes.

Beginner — do these in order

- 1. Reverse image search every photo before responding
- 2. Stay in-app for messaging until video verification
- 3. Video call with specific gestures before exchanging real phone numbers
- 4. Use Google Voice / Hide My Email for early-stage phone contact
- 5. Cross-check identity claims on LinkedIn and social
- 6. Plan first meeting in public, daytime, with safety buddy informed
- 7. Trust your gut; exit gracefully if anything feels off
- 8. Never send money or invest with a match
Ever.

Advanced — if you want to go further

- Background-check service for serious matches
- Separate phone for dating
- VPN + privacy browser for dating
- Hide social media from non-friends
- Subscribe to scam-warning communities
- Use platforms with stronger verification