

Stop Account Takeovers On Discord — Checklist

Print and tick off. About 10 minutes.

Date completed: _____

Re-run this quarterly. Each pass takes about 12 minutes.

Beginner — do these in order

- 1. Authenticator-app 2FA enabled**
Backup codes saved offline + in password manager
- 2. Phone number added as backup (optional)**
Privacy & Safety → Add phone
- 3. DMs from non-friends locked**
Privacy & Safety → Direct Message filters
- 4. Linked apps audited and revoked**
Settings → Authorized Apps
- 5. Recovery email locked with 2FA**
Use a dedicated gaming email ideally
- 6. Unique strong password generated**
20+ char from password manager
- 7. Antivirus active on Windows**
Defender on, or alternative
- 8. Friends briefed on 'never trust urgent DMs'**
Pre-shared rule

Advanced — if you want to go further

- Run Discord in non-admin Windows account
- Use Discord via sandboxed browser profile
- Hardware key on linked email
- Mod-account hardening
- Streamer Mode when screen-sharing
- Annual connections audit